

SCAN FOR VIDEO
HEART TUTORIAL

SUPER SLOW MACRAME: HEART (CROWN KNOT)

YOU NEED: MACRAME CORD, SCISSORS, RULER/ TAPE MEASURE, FLORISTRY WIRE (30CM 18 GAUGE OR SIMILAR), PLASTICINE (TO SECURE IN POT) & MINI POT

MACRAME CORD:

I USED 3MM MACRAME CORD (4PLY TWISTED) YOU WILL NEED 2 COLOURS

CORD LENGTH NEEDED:

COLOUR A - 200CM
COLOUR B - 200CM
COLOUR A OR B - 40CM



START WITH 200CM CORDS IN COLOUR A AND B - I'M USING PINK AND WHITE IN THIS TUTORIAL - JUST REPLACE FOR WHATEVER COLOURS YOU HAVE CHOSEN
FIND THE MIDDLE OF BOTH CORDS AND CROSS THEM AT THE MIDDLE POINT

1



2

THINK ABOUT
THE CORDS BEING
THE POINTS OF A
COMPASS - NORTH,
EAST, SOUTH, WEST
NORTH CORD
OVER EAST CORD



3



4

EAST CORD
OVER SOUTH
(THIS WILL PASS OVER
NORTH CORD ALSO)
SOUTH CORD
OVER WEST
(THIS WILL PASS OVER
EAST CORD ALSO)



5



WEST CORD
OVER NORTH
(THIS WILL PASS OVER
SOUTH CORD ALSO)
LIFT UP PINK/
NORTH LOOP AND
PASS WHITE/
WEST UNDER

6

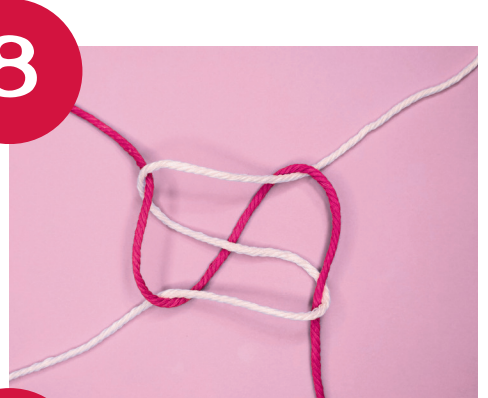


7



IMAGE 7 SHOWS
FOUR SQUARES
PULL DIAGONAL
CORDS - PULL PINK
TOGETHER AND THEN
WHITE TOGETHER

8

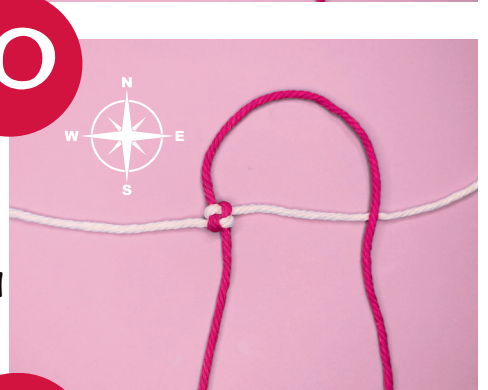


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KEEP REPEATING
UNTIL YOU GET A
SQUARE LIKE A
BATTENBERG - THIS
IS A CROWN KNOT
REPEAT THE CROWN
KNOT. NORTH OVER
EAST

10



11



EAST OVER
SOUTH
SOUTH OVER
WEST

12



WEST OVER
NORTH LIFT UP
PINK LOOP AND PUT
WHITE/ WEST
CORD UNDER

13



GENTLE PULL ON PINK
CORDS TOGETHER
AND WHITE CORDS
TOGETHER UNTIL
BATTENBERG SQAURE
- DON'T PULL TOO
TIGHT!

14



TOP TIP: DOWN PULL TOO TIGHT YOU NEED TO
INSERT THE WIRE SO LEAVE A LITTLE ROOM

15



REPEAT STEPS
10-14 - KEEP
GOING UNTIL IT IS
AROUND 20-21CM
IN LENGTH

16



INSERT WIRE INTO THE END & GENTLY THREAD THROUGH TO ALMOST WHERE YOU STARTED. HOLDING ON WITH ONE HAND AND GENTLY TWISTING THE WIRE CAN HELP.

COLLECT 40CM CORD LENGTH IN EITHER COLOUR A OR B FOR GATHERING KNOT. I'M USING A RED COLOUR IN THE TUTORIAL BELOW SO JUST REPLACE 'RED' WITH WHATEVER COLOUR YOU CHOSE.

GATHERING KNOT

17



ONE END OF THE RED
CORD HOLD IN PLACE
FACING UPWARDS (WE'LL
CALL THIS THE TAIL)

MAKE A LOOP AND
HOLD RED CORD IN
POSITION AT THE END
OF THE CROWN KNOTS

18



19



WRAP THE RED
CORD (WORKING
CORD) AROUND 5
TIMES MAKING SURE
THAT THE TAIL IS
STILL POKING OUT
AND LOOP STILL
VISIBLE

PUT WORKING CORD
THROUGH THE LOOP

20

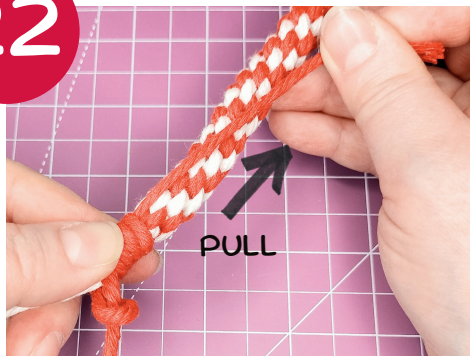


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HOLD WHERE
YOU WRAPPED
FIRMLY AND PULL ON
THE TAIL END
KEEP PULLING THE TAIL
UNTIL THE LOOP
DISAPPEARS

22



23



24

TRIM OFF THE
REMAINING TAIL
NEXT TO THE 5
WRAPS



25



26

TRIM TASSELS
TO DESIRED
LENGTH - MOVE
TO THE SIDE AS
YOU CUT - AWAY
FROM THE WIRE



27



28

GENTLY BEND IN
HALF AND ROUGHLY
FIND THE MID POINT
AT THE TOP



29



30

AT THE MIDDLE
POINT BEND THE
OTHER WAY - SEE
ARROW FOR PART WE
ARE DOING. NOW
BEGIN TO GENTLY
FORM YOUR HEART
SHAPE



31



32

YOU CAN NOW
PUSH THE END OF
THE WIRE INTO YOUR
MINI POT (I PLACED
PLASTICINE IN MINE
TO SECURE) FRAY
YOUR TASSELS IF
YOU WOULD LIKE BY
UNTWISTING

